



# FamousKin.com Relationship Chart of

**C. W. Post**

*Founder of Post Cereals*

14th cousin 1 time removed of

**Abigail (Smith) Adams**

*First Lady of President John Adams*



**Eudo la Zouche**  
Milicent de Cantilupe

**Eve la Zouche**  
Sir Maurice de Berkeley

**Thomas de Berkeley**  
Katherine de Clyvedon

**Sir John Berkeley**  
Elizabeth Betteshorne

**Elizabeth Berkeley**  
Sir John Sutton

**Jane Sutton**  
Thomas Mainwaring

**Cecily Mainwaring**  
John Cotton

**Sir George Cotton**  
Mary Onley

**A**

**Lucy Zouche**  
Thomas de Greene

**Sir Henry Greene**  
Katherine Drayton

**Sir Henry de Greene**  
Matilda de Mauduit

**Eleanor Greene**  
Sir John FitzWilliam

**John FitzWilliam**  
Helen Villiers

**Sir William FitzWilliam**  
Anne Hawes

**Richard FitzWilliam**  
Elizabeth Knyvet

**B**

