



# FamousKin.com Relationship Chart of

----- **Avenal**

(c1143 - c1234)

20th Great-grandmother of

**C. W. Post**

*Founder of Post Cereals*



----- **Avenal**

William I, King of Scotland



**Isabel of Scotland**

Robert de Ros



**Sir William de Ros**

Lucy FitzPiers



**Sir Robert de Ros**

Isabel de Aubeney



**William de Ros**

Maude de Vaux



**Sir William de Ros**

Margery de Badlesmere



**Maud de Roos**

John de Welles



**Anne de Welles**

James Butler



**A**

**A**

**James Butler**

Joan Beauchamp

**Elizabeth Butler**

John Talbot

**Ann Talbot**

Sir Henry Vernon

**Elizabeth Vernon**

Sir Robert Corbet

**Dorothy Corbet**

Sir Richard Mainwaring

**Sir Arthur Mainwaring**

Margaret Mainwaring

**Mary Mainwaring**

Richard Cotton

**Frances Cotton**

George Abell

**Robert Abell**

Joanna - - - - -

**Joshua Abell**

Bethiah Gager

**B**

**B**

Elizabeth Abell

John Lathrop

Azel Lathrop

Elizabeth Hyde

Erastus Lathrop

Sarah Bailey

Caroline Cushman Lathrop

Charles Rollin Post

**C. W. Post**

*Founder of Post Cereals*

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